



ΑΝΑΣΚΟΠΗΣΗ ΚΕΝΤΡΟΥ ΕΜΠΕΙΡΟΓΝΩΜΟΣΥΝΗΣ ΓΙΑ ΣΠΑΝΙΕΣ ΣΠΕΙΡΑΜΑΤΟΠΑΘΕΙΕΣ

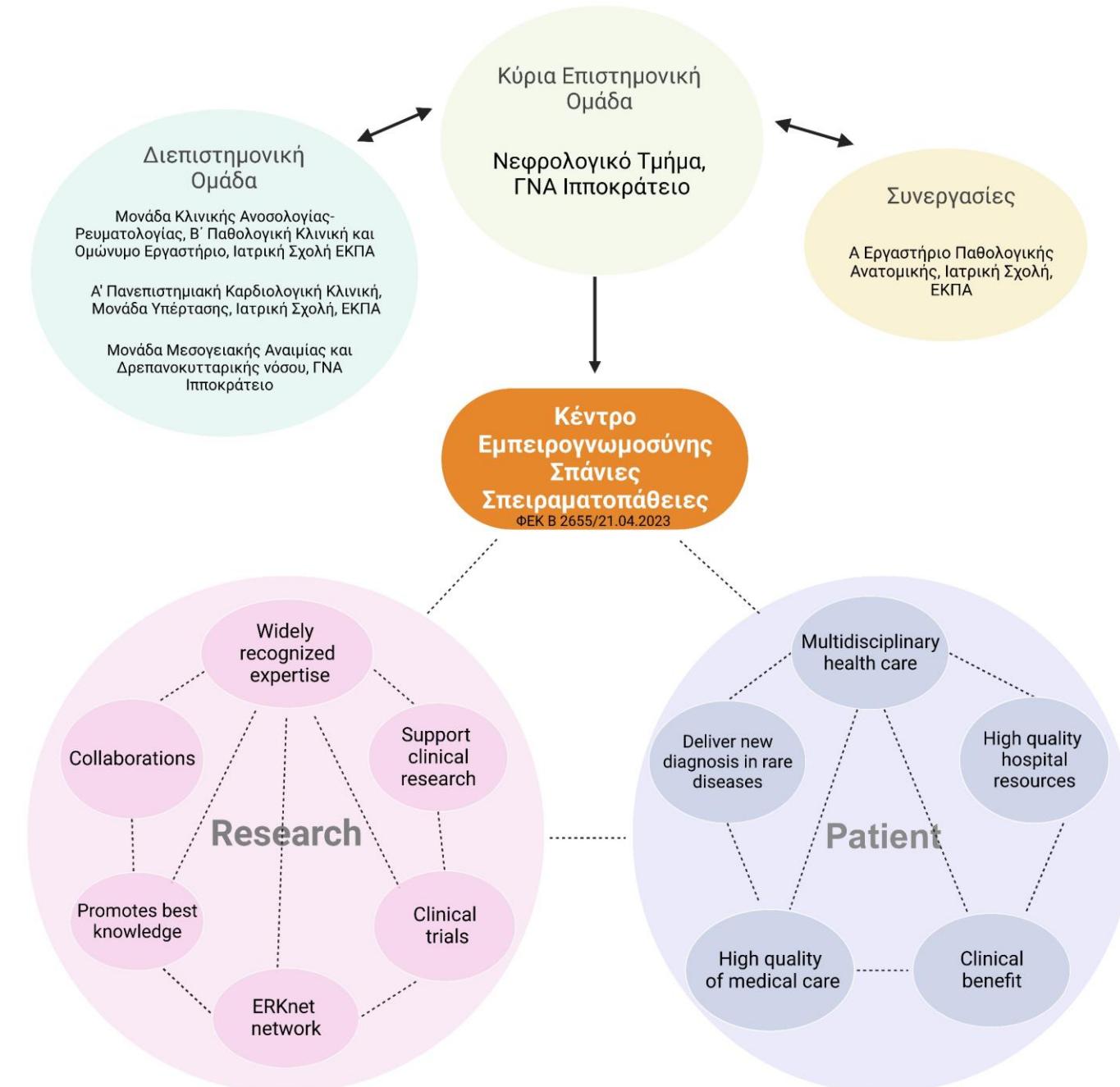
Α. Χαλκιά¹, Ε. Σταθοπούλου¹, Α. Παπράς¹, Μ. Μπόρα¹, Μ. Σταμπολλίου¹, Π. Γιάννου¹, Χ. Γακιοπούλου², Κ. Τσιούφης³, Δ. Βασιλόπουλος⁴, Δ. Πετράς¹

¹*Νεφρολογικό Τμήμα, ΓΝΑ Ιπποκράτειο, Αθήνα*

²*Α' Εργαστήριο Παθολογικής Ανατομικής Ιατρική Σχολή ΕΚΠΑ, Αθήνα*

³*Α' Πανεπιστημιακή Καρδιολογική Κλινική, Ιατρική Σχολή ΕΚΠΑ, ΓΝΑ Ιπποκράτειο, Αθήνα*

⁴*Μονάδα Κλινικής Ανοσολογίας-Ρευματολογίας, Β' Παθολογική Κλινική και Ομώνυμο Εργαστήριο, Ιατρική Σχολή ΕΚΠΑ, Γ.Ν.Α Ιπποκράτειο, Αθήνα*



Study Design

- Retrospective, observational study
- Single-centre (multidisciplinary team)
- **Inclusion Criteria:**
 - Patients with biopsy-proven glomerulonephritis
 - Active follow-up during January 2018- December 2023

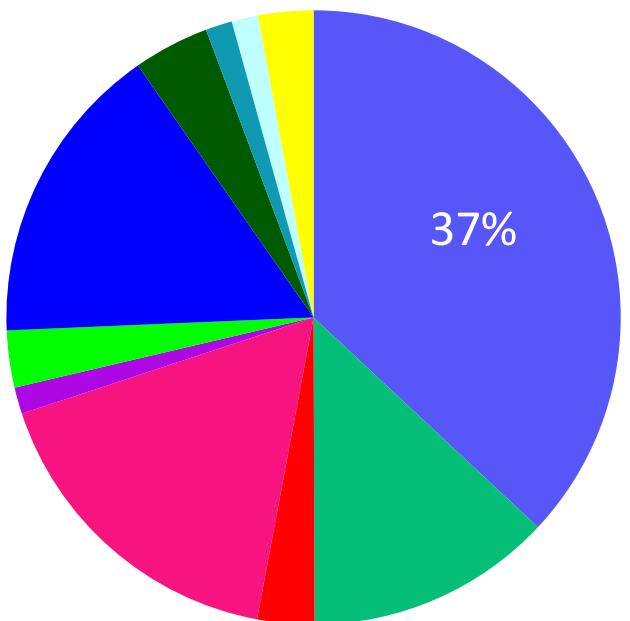
Results

Patients, (n)	251
Age (years), mean ± SD	57± 16
Female, %	38%

Glomerular Diseases per Age group

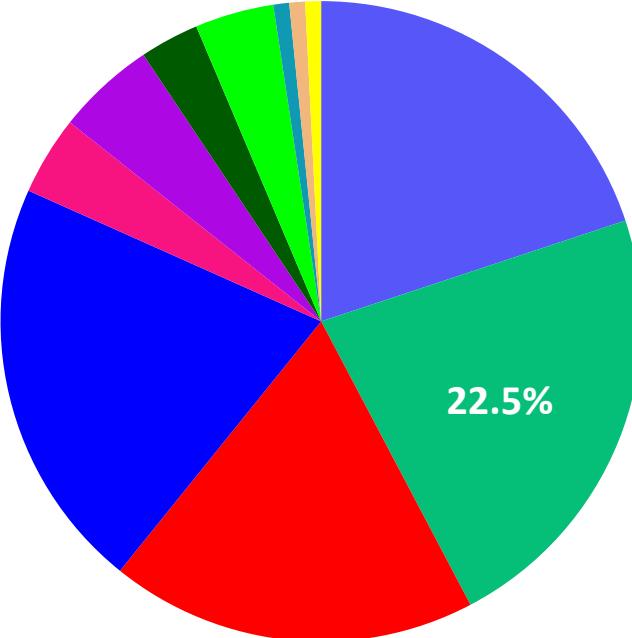
Age <50 years

n=70



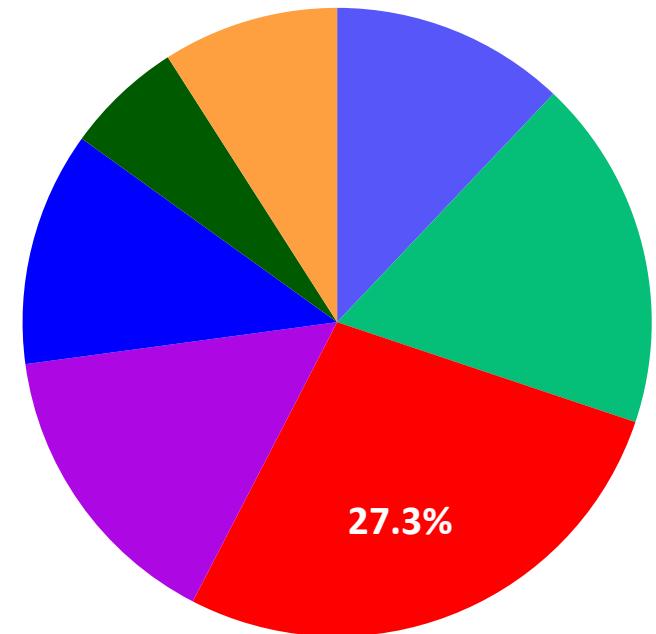
Age 50-75 years

n=124



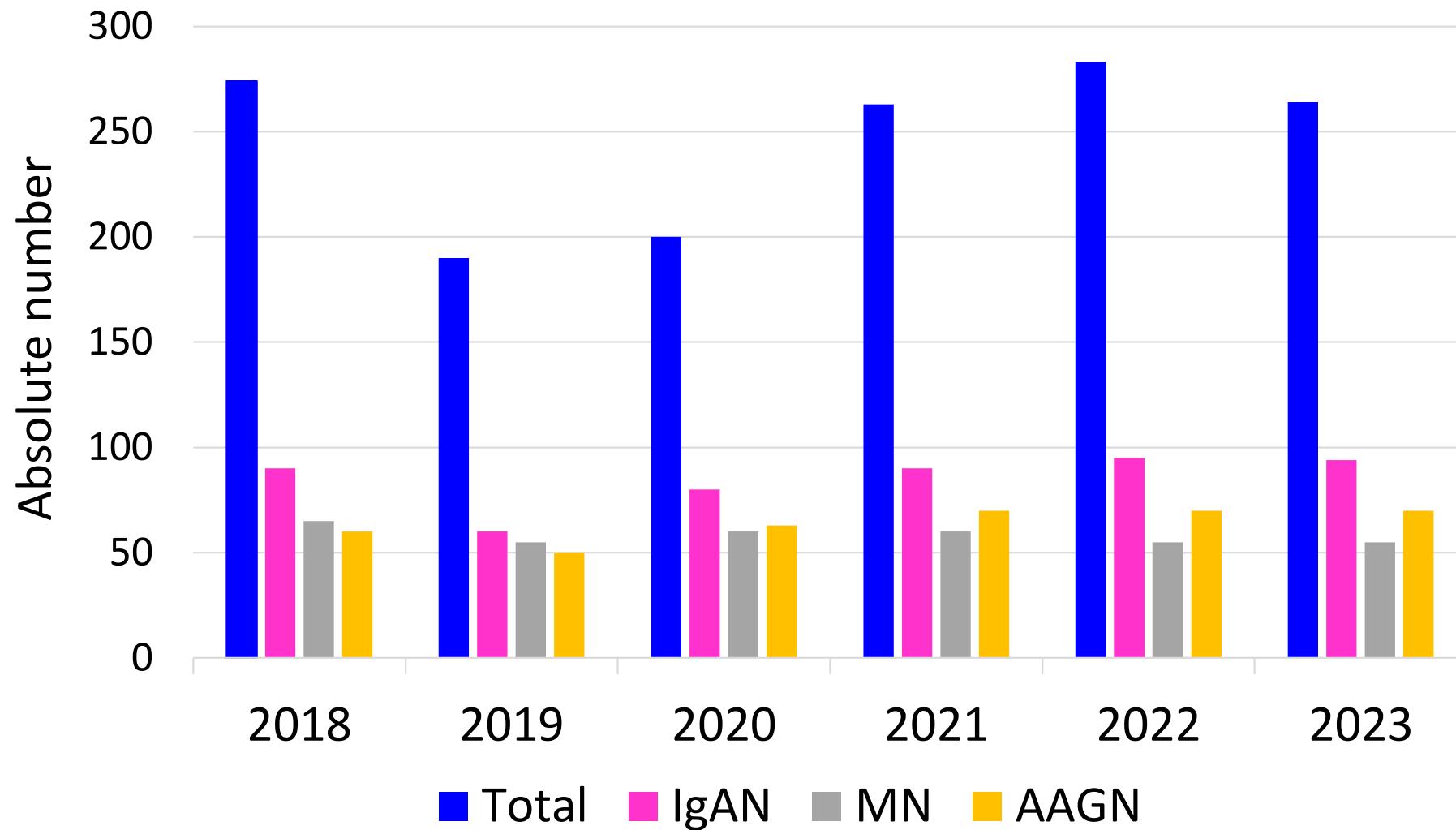
Age > 75 years

n=33

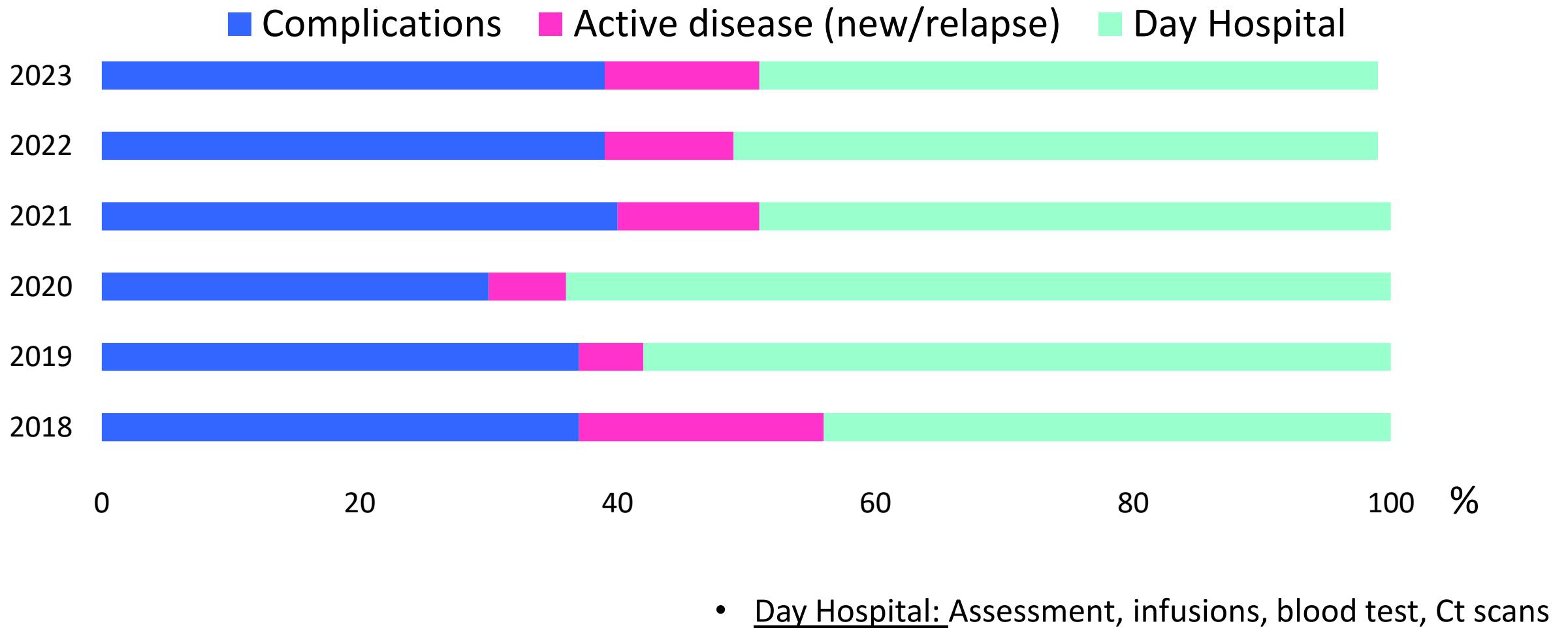


- █ IgAN █ Membranous █ AAV █ FSGS █ SLE █ C3 GN █ MGRS █ MCD
- █ IgG4-related █ membranoproliferative █ Fibrillary

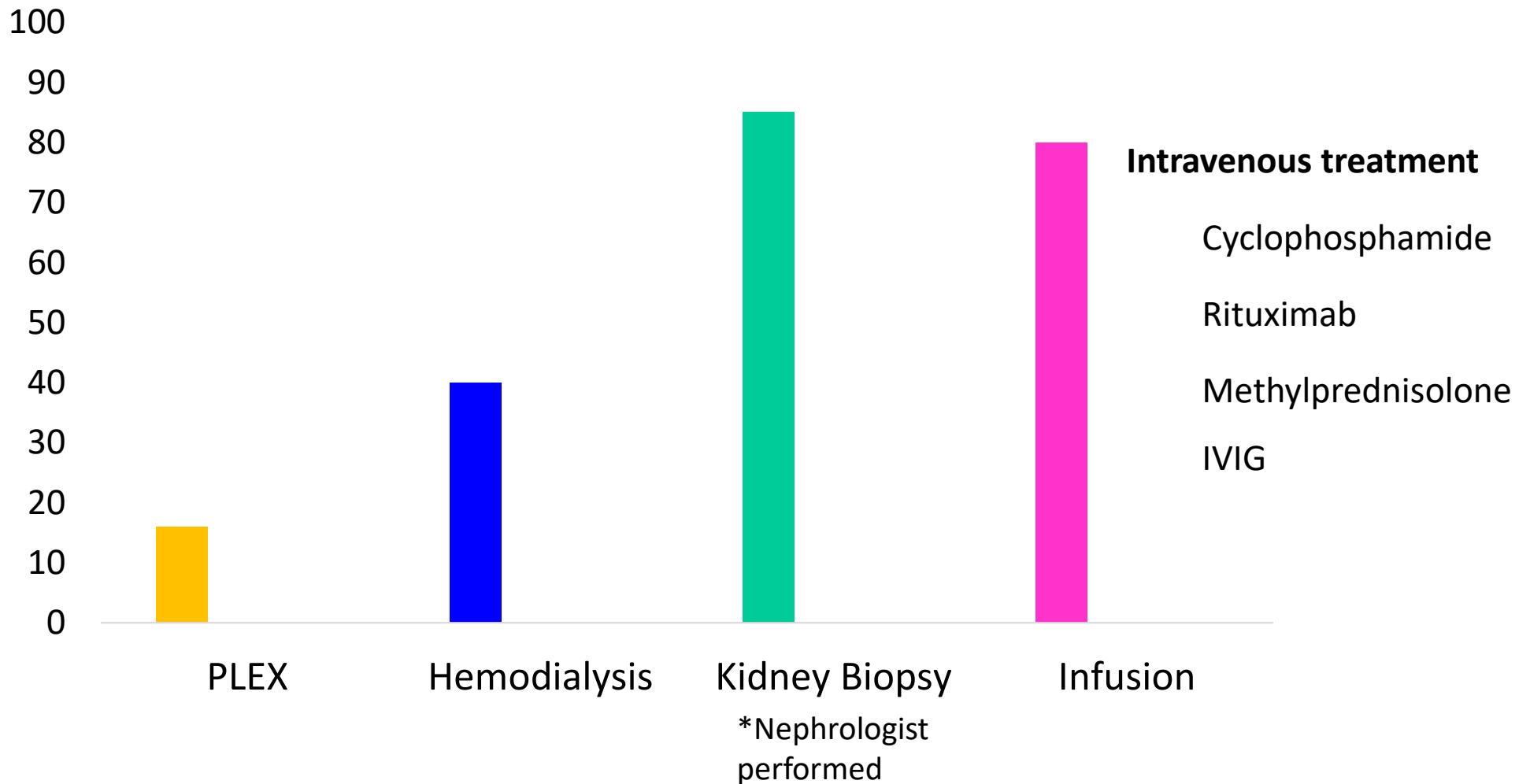
Hospitalizations



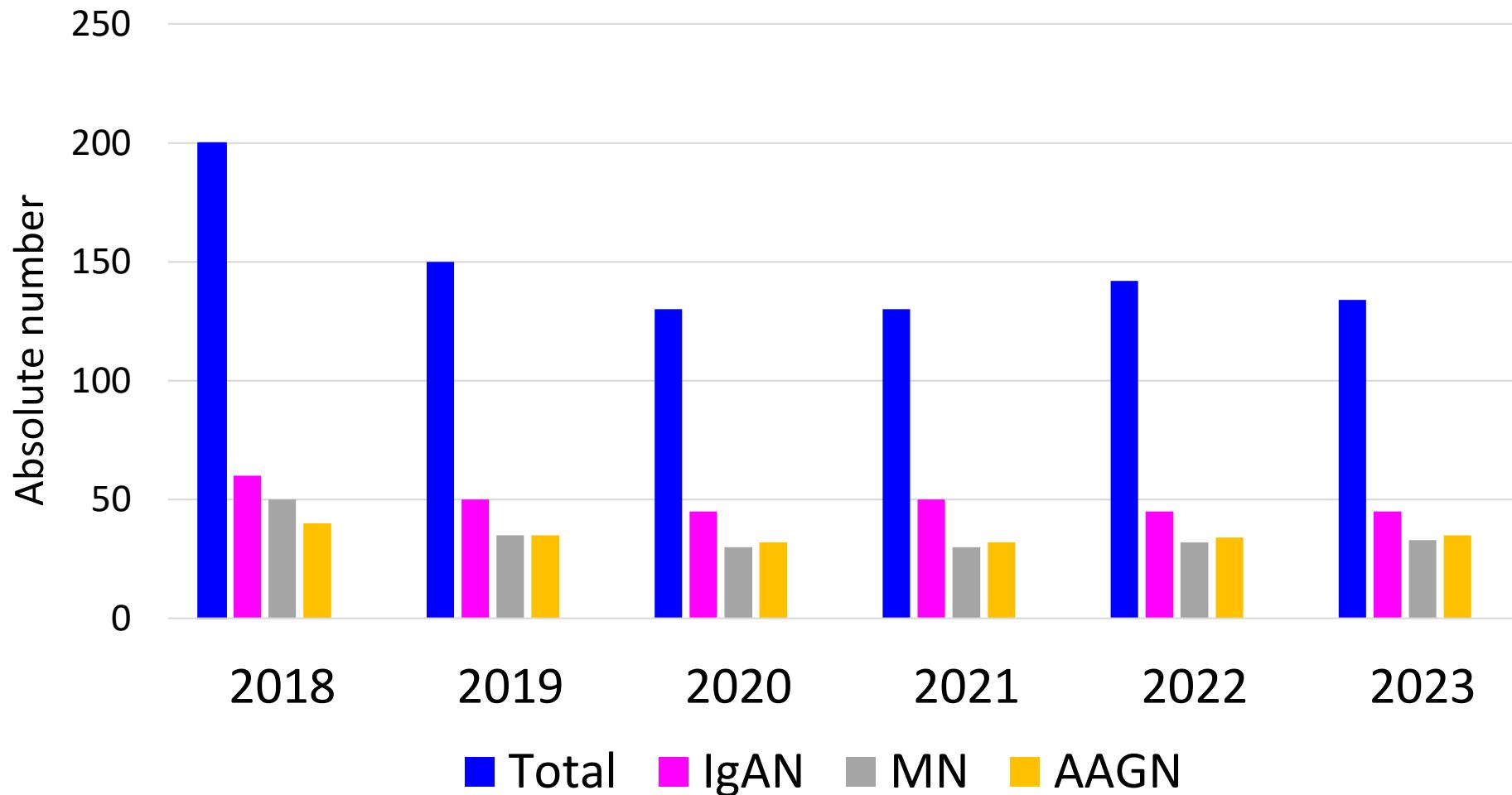
Reason of Hospitalization



Hospital Resources

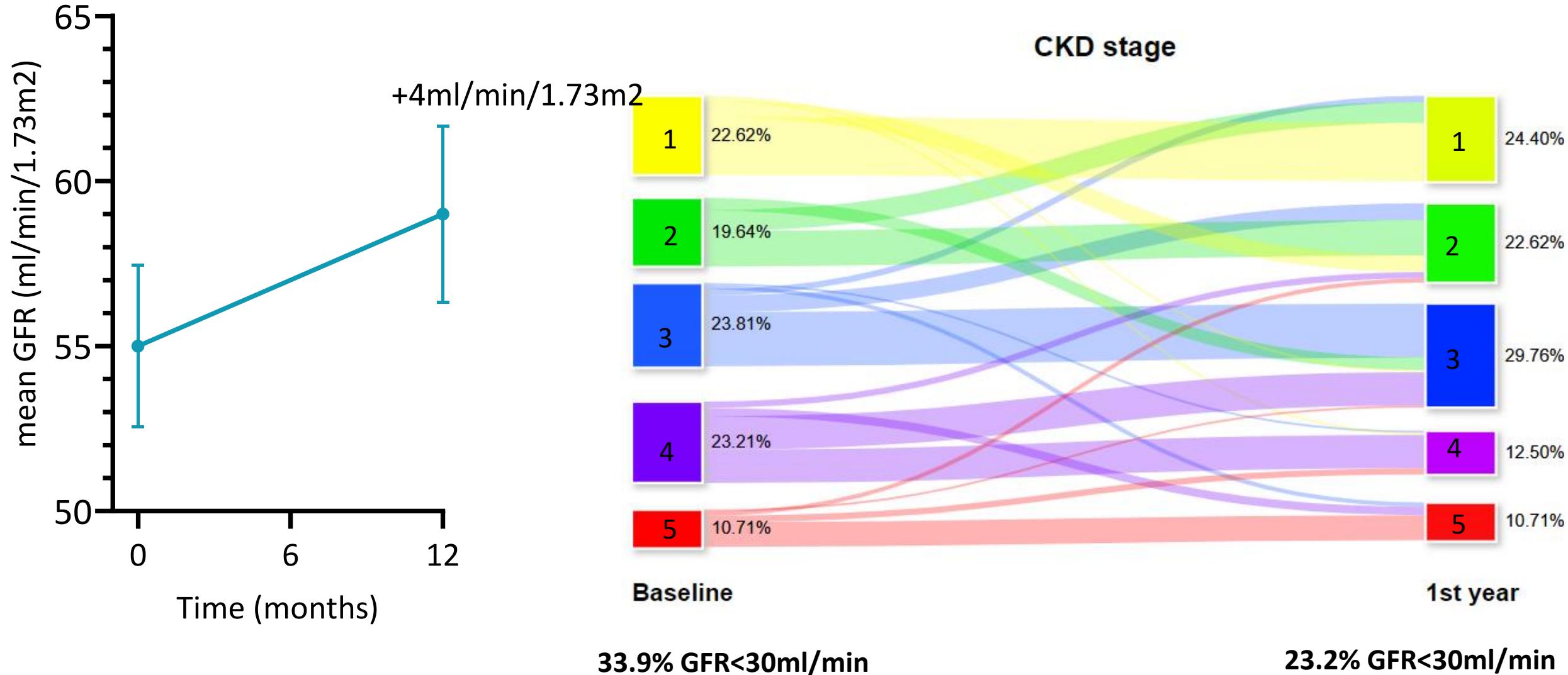


Outpatient Clinic

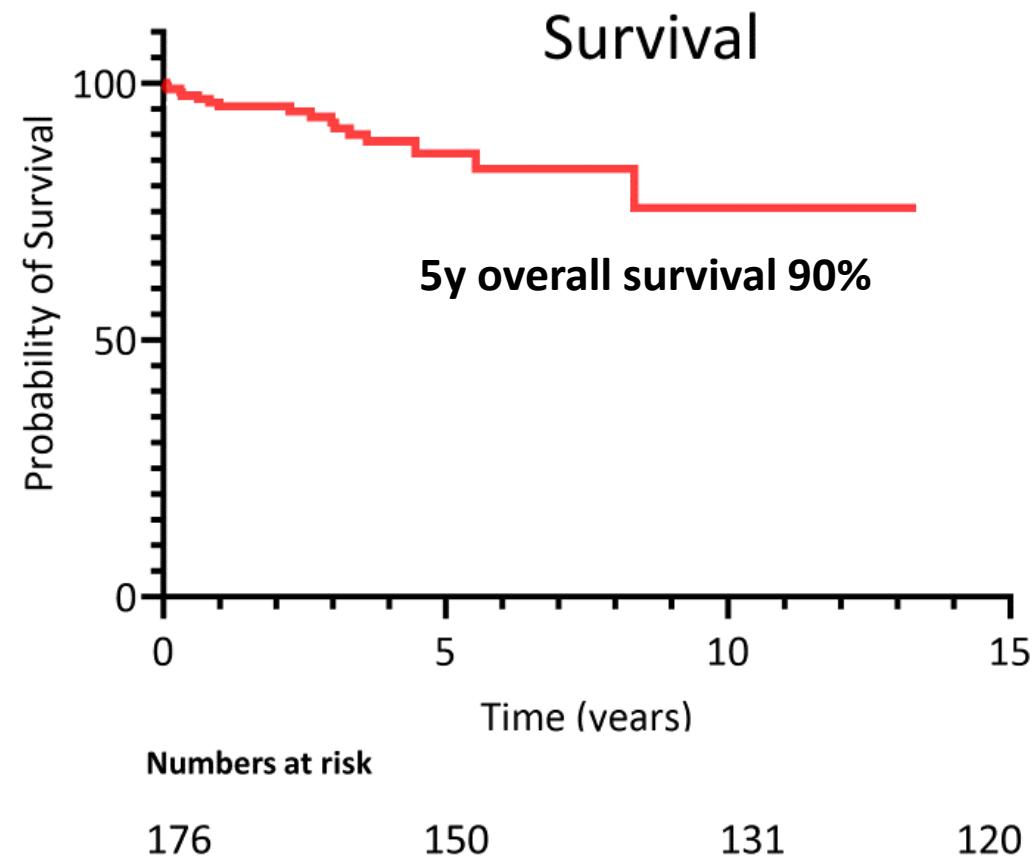
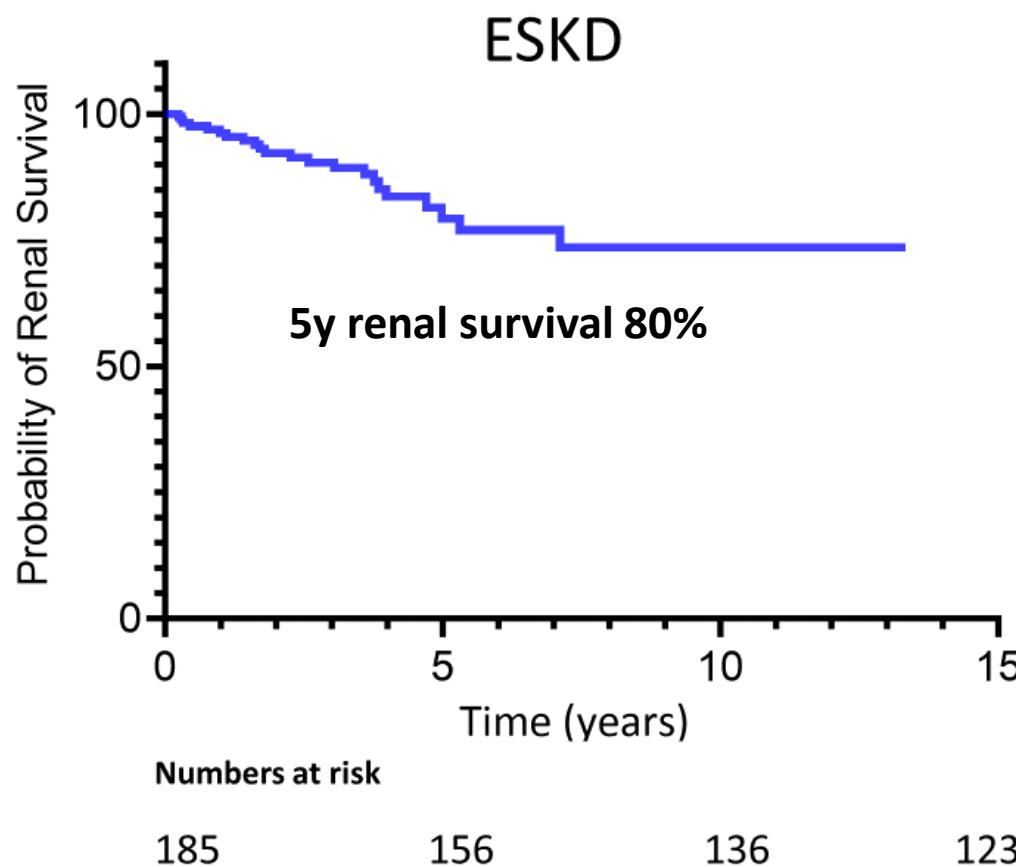


Median 3.25 visits per patient per year

Renal Recovery at 1st year



Long-Term Outcome



Conclusions

- The patients with GN present an increased need for hospitalization and regular outpatient visits.
- In addition to the medical treatment, the favourable outcome depends on a well-organized inpatient and outpatient service provided by a multidisciplinary team.



Acknowledgements

Nephrologists

Dimitrios Petras

Aglaia Chalkia

Panagiota Giannou

Athanasia Kapota

Pinelopi Kouki

Georgios Aggelis

Zoe Alexakou

Margarita Bora

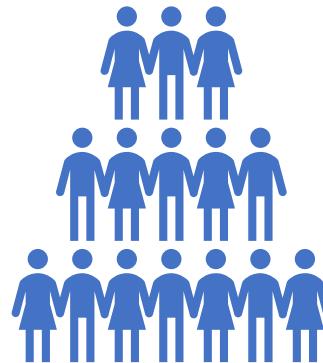
Martha Mitropoulou

Athanasiос Papras

Anastasia Politi

Emelina Stambolliou

Elpiniki Stathopoulou



Rheumatologists

Dimitrios Vassilopoulos

Christos Koutsianas

Christina Tsalapaki

Cardiologist

Konstantinos Tsiofis

Pathologist

Harikleia Gakiopoulou

Hematologist

Sofia Delikou

